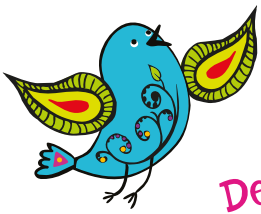




DECEMBER

TrueGirl

MOM+DAUGHTER
DATE



December 2023

A Present Love

Listen to the December 2023 True Girl MomCast featuring Dannah Gresh, Janet Mylin, and Shani McKenzie where we share insightful tips to make the Christmas season as deeply meaningful as it should be.

Then, read through this one sheet.



MOM+ DAUGHTER DATE



Mom,

If you're reading this date with a Christmas cookie or candy cane in hand, you're winning! The time has come to break out all things festive and I'm sure you're ready to get the ball rollin'.

But before you do, let me recalibrate you just a bit.

Our society, filled to the brim with distraction, begs you to numb this season with presents, parties, and peppermint mochas. But we here at True Girl invite you to fight for something more, rather *Someone*, more. While those things are fun and great ways to enjoy the holiday and show our love for others, we challenge you to make them the icing on the cake instead of the cake itself.

So often we forget that the core reason for this time of year is rooted in a deep love that we can't fathom or imagine. The God of the universe left His throne to come down to us. Knowing that we are easily busied and distracted, He fought for connection with us by way of a virgin and a manger. A birthday that forever changed the lives of every single human being. Our Immanuel, God with us, is just that—*with us*.

Isaiah 7:14 reminds us of that wonderful Truth:

«All right then, the Lord himself will give you the sign. Look! The virgin will conceive a child! She will give birth to a son and will call him Immanuel (which means 'God is with us').»

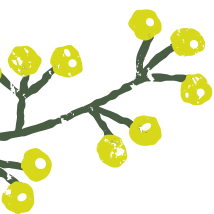
This season, instead of allowing the rush and busyness to overpower you, spend some time encouraging your family to rest with the God that is with you and them. Thank Him for His yearning love that brought Him to us in the Lord Jesus Christ. Our Immanuel.



Peace & Joy,

STACI RUDOLPH
True Girl Lead Teacher





PREPARING FOR YOUR DECEMBER MOM+DAUGHTER DATE

SUBJECT:
God's Present

SETTING:

Around the living room

MATERIALS YOU'LL NEED:

Your Bible

Your family :-)

A delicious Christmas dessert

Your memory



He is With You!

This activity is all about helping your family recognize and reflect on Immanuel's presence throughout the entire year.

1 Read Isaiah 7:14. The NLT is a great version for younger children

2 Discuss these questions:

- ♥ What was the sign to look for?
- ♥ Who had a child?
- ♥ What was she supposed to name Him?
- ♥ What does Immanuel mean?



3 Travel Down Memory Lane

- ♥ Begin by taking a minute of silence for reflection. Have everyone think back over the year to see the hard times God was present in and brought them through (i.e. illness, trouble at school or work, family trouble, etc.)
- ♥ Open the floor for discussion time. Have a relaxed time of sharing any situations that come to mind.
- ♥ Spend some time praying as a family. Thank God for His presence and help in each of your lives and commit to trusting Him for the future.

* We can't wait to see photos of you and your daughter RE-packing your boxes with love! Be sure to post them to Instagram or Facebook and tag True Girl or Dannah Gresh.





Hey True Girl Mom!

HERE'S HOW TO GET THE MOST OUT OF THIS BOX!

1

The Date

This month, we're talking about the thrill of hope we have in Jesus. In a world obsessed with the next new thing, we'll talk about the importance of tradition and why God calls us to celebrate and remember aspects of the past. We'll open God's Word to help you understand how to maintain Christmas traditions that remind your family of the thrilling hope you have in Christ.

2

The Podcast

Listen to the True Girl MomCast episode on talking to your daughter about this month's topic with Dannah Gresh, Shani McKenzie and Janet Mylin.

3

The Connection

During the month of December, you'll need to make time for something you were most likely already planning to do: bake Christmas cookies! You'll need to set aside roughly two hours to bake, cool, and decorate cookies with your family. And don't forget to ENJOY!!

True Girl Crazy Hair TOUR

Experience America's Largest
Mom + Daughter Stage Event



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